

List of Grocery Stores with Special Shopping Hours for Seniors

Below is a list of major national grocery chains offering dedicated hours set aside for members of vulnerable populations during the COVID-19 pandemic. This list was compiled as of 3/23/2020 and is subject to change. Please contact your local grocery stores to confirm hours shown below.

NAME	SPECIAL SHOPPING HOURS FOR SENIORS
ALBERTSONS COMPANIES ¹	Monday & Thursday: Store Opening until 9 AM
BIG LOTS	1st hour of each day - check local store hours
BI-LO	Monday - Friday: 8 to 9 AM
COSTCO	Tuesday & Thursday: 8 to 9 AM
KROGER ²	Monday - Thursday: 7 to 8 AM
FRED MEYER	Everyday: 7 to 8 AM
LA PERLA TAPATIA	Everyday: 7 to 8 AM
QUALITY FOODS	Everyday: 7 to 8 AM
RALPHS	Everyday: 7 to 7:30 AM
RALEY'S	Offering two unique Senior Essentials Bags available at a discounted price. These bags can be picked-up curbside or in store. Visit website www.Raleys.com for details
RANDALLS	Tuesday and Wednesday: 7 to 9 AM
SAFEWAY	Tuesday & Thursday: Store Opening until 9 AM
SAVE-ON-FOODS	Everyday: 7 to 8 AM
SMART & FINAL	Everyday: 7 - 7:30 AM
SAVE MART & FOODMAXX	Tuesday & Thursday: 6 to 9 AM
SPROUTS FARMERS MARKET	Nothing announced
TARGET	Wednesday only: 8 - 9 AM
TRADER JOE'S	Everyday: 9 - 10 AM
WALMART	Tuesday only: 6 - 7 AM
WALGREENS	Tuesday only: 8 - 9 AM
WHOLE FOODS MARKET	1st hour of each day - check local store hours

1. Albertsons Companies include Acme, Albertsons, Albertsons Market, Amigos United, Andronico's Community Markets, Haggen, Jewel-Osco, Lucky, Market Street, Pavilions, Randalls, Safeway, Shaw's, Star Market, Tom Thumb, United Supermarkets, and Vons. 2. Kroger operates City Market, Copps, Dillons, Fry's Food Stores, Food 4 Less, Foods Co, Fred Meyer, Gerbes, Harris Teeter, Jay-C Food Stores, King Soopers, Mariano's, Metro Market, Owen's Market, Pay-Less Super Markets, Pick 'N Save, QFC, Ralphs, Ruler Foods, and Smith's Food and Drug.